**Butt Lift**

**Why do I need Butt lift?**

You may undergo this procedure if you have a small asymmetric buttocks and you need to increase its volume, or if you opt to improve the shape of your butt to have a curved appearance. This procedure will give you a natural looking body.

**How does Brazilian Butt Lift work?**

Small incisions are made to introduce the liposuction cannula. Excess fat from the abdomen, lower back, thighs or hips are drained, removed and collected through liposuction which are then purified to be injected strategically back in the body into the buttocks.

**Is the treatment painful? Is it safe? How long will the treatment take?**

Tumescent Anesthesia is applied to both the harvest site and the treatment area for a comfortable procedure. Fat transfer for Butt lift is known to be safe and effective more so with an experienced plastic surgeon. Brazilian Butt Lifts usually take an hour to 4 hours

**How many treatments I need before I see results and how long will it stay?**

Results will be immediate and permanent so long as proper diet and heathy lifestyle are observed. It will be natural and improves your body contour with a balanced look.

**How Long Does a Brazilian Butt Lift Last?**

A Brazilian butt lift (BBL) uses fat from your own body to enhance the size and improve the shape of your buttocks. Because the “filler” is your body’s own fat, results from a BBL can last for several years.

It can take up to six months for results from a BBL to be fully realized. During this time, the care that you take of yourself will have a direct impact on both the appearance and the longevity of your results. While in our care, we will make sure you fully understand how to prepare for and recover from your Brazilian butt lift procedure to help ensure your entire experience is as rewarding as possible. People should discuss with their surgeon who can give an estimate that they will base on the individual’s situation.

**What Is the Difference Between a Brazilian Butt Lift and Butt Implants?**

Both procedures are buttocks enhancing surgical techniques, but include different methods to achieve results. A Brazilian butt lift uses fat from another of your body. However, if you do not have sufficient fat to perform fat grafting, you can benefit from butt implants. Dr. Greenberg offers a variety of shapes and sizes of butt implants to help you attain optimal results.

**When Can I Sit after a Brazilian Butt Lift?**

You will be directed to use an inflatable pillow when sitting for at least eight weeks in order to ease discomfort and help you achieve a smooth recovery. Sitting directly on your buttocks too soon will cause a disruption in the fat transfer.

**When Can I Resume Exercising after a Brazilian Butt Lift?**

You can begin walking and light activity two to three weeks after the procedure. In most cases, Dr. Greenberg will release you to full physical activity six to eight weeks after the procedure, as long as you are responding well to surgery and recovering nicely. Although you may feel better sooner than you are released, it is imperative to give the fat transfer adequate time to stabilize in order to achieve desired results.